



SFAS

SWISS FOOT AND ANKLE SOCIETY
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES
SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED



IBRA International Bone
Research Association

SFAS Surgery Day & Bioskills workshop 2024

Inselspital, University Hospital, Bern
Sitem-insel, Swiss Institute for Translational
and Entrepreneurial Medicine, Bern

Friday, 9. February 2024, 8.30–16.30h

Live Surgery, Ankle osteoarthritis

Saturday, 10. February 2024, 8.30–15.00h

Bioskills workshop Foot & Ankle anatomical approaches & surgeries

SFAS & IBRA Collaboration



Welcome to the third SFAS Surgery Day and Bioskills Workshop 2024 in Bern

Dear colleagues,

We are delighted to announce the upcoming SFAS Surgery Day and Bioskills Workshop, scheduled to take place on the 9th and 10th of February 2024. This event will be hosted at the Inselspital, University of Bern, and the Sitem-insel building within the Inselspital area in Bern.

During the first day of this event, experienced foot and ankle surgeons will provide comprehensive updates and share their tips and tricks for successfully treating ankle osteoarthritis, the focus of this year's course. The second day offers participants a unique opportunity for hands-on practice in a wetlab, in collaboration with the International Bone Research Association (IBRA). Here, attendees will engage in anatomical approaches and surgical techniques for treatment of ankle osteoarthritis using cadaveric specimens.

We would like to express our heartfelt gratitude to IBRA, our sponsors, and all our exhibitors for their support, which significantly contributes to the success of this course.

We are looking forward to welcome you to the Inselspital in Bern.

Warm regards,

Prof. Dr. med. Markus Knupp
Mein Fusszentrum, Basel

PD Dr. med. Helen Anwander
Inselspital University Hospital, Bern

Prof. Dr. med. Fabian Krause
Inselspital University Hospital, Bern
Sonnenhof, Bern

SFAS Surgery Day

Friday, 9. February 2024

Location: Lecture Hall Ettore Rossi/Julie-von-Jenner-Haus (Kinderklinik)

Time	Title	Speaker
8:00	<i>Opening of registration and commercial exhibition</i>	
8.30	Welcome to congress by organizers and SFAS president	Markus Knupp Fabian Krause Helen Anwander
8.40	Theory to live surgery case	Helen Anwander
9.10	Live surgery by Prof. Fabian Krause	Fabian Krause
10.10	<i>Coffee break and commercial exhibition</i>	
10.45	Orthopädie-technische Möglichkeiten bei OSG Arthrose	Michel Bär
11.00	Orthopädische konservative Möglichkeiten: Infiltrationen, Analgesie, Physiotherapie	Angela Seidel
11:15	Arthroskopie: Möglichkeiten und Grenzen bei der OSG Arthrose	Paul Gilliéron
11:30	Achsenkorrekturen Varus Füße: Osteotomien wann, wie?	Philipp Friedrichsen
11:45	Achsenkorrekturen Valgus Füße: Osteotomien wann, wie?	Nicola Krähenbühl
12:00	Das steife OSG	Fabienne Inglin
12:10	OSG Arthrose nach OCL	Norman Espinosa
12:20	Diskussion	
12:30	<i>Lunch break and commercial exhibition</i>	
13:30	Die OSG Arthrodesen: Indikationen, Technik, Grenzen	Victor Dubois-F
13:50	Die OSG Prothese: Indikationen, Technik, Grenzen	Pascal Rippstein
14:10	Diskussion	
14:20	Das septische OSG	Anna-Kathrin Leucht
14:30	Der grosse Knochendefekt am OSG	Stephan Wirth
14:40	Diskussion	
15:00	<i>Coffee break and commercial exhibition</i>	
15:30	Anschlussarthrose nach OSG Arthrodesen	Caspar Steiner
15:40	Pseudoarthrose nach OSG Arthrodesen	Andreas Töpfer
15:50	Die gelockerte OSG Prothese	Victor Valderrabano
16:00	Das instabile OSG mit Arthrose	Andreas Schirm
16:10	Diskussion	
16:30	<i>The end</i>	

Bioskills Workshop

Saturday, 10. February 2024

Location: Wetlab, Hörsaal CATR Unit, Floor 2, Sitem-insel, Freiburgstrasse 3, 3010 Bern

Program of Bioskills workshop

Time	Program/OP	Material	Presenter
8:00	<i>Registration</i>		
8:30	SMOT	TriLock Distal Tibia Plates 2.8/3.5, Medial TriLock Distal Fibula Plates 2.8/3.5, Lateral	Markus Knupp
10:15	<i>Coffee break</i>		
11:00	OSG Arthrodesse	5mm und 7mm CCS	Helen Anwander
12:00	<i>Lunch break</i>		
13:00	Cotton-Osteotomie	Trilock Grid Plates 2.0/2.3	Fabian Krause
15:00	<i>The end</i>		

Workshop instructors

Prof. Dr. med. Victor Valderrabano, SWISS ORTHO CENTER, Basel

Dr. med. Pascal Rippstein, Schulthess Klinik Zürich

Dr. med. Angela Seidel, HFR Kantonsspital Freiburg

Dr. med. Petra Heil, Spital Interlaken

Dr. med. Caspar Steiner, Kantonsspital Baselland

Dr. med. Andreas Schirm, HandundFuss, St.Gallen

Prof. Dr. med. Markus Knupp, Mein Fusszentrum, Basel

Prof. Dr. med. Fabian Krause, Sonnenhof Bern

PD Dr. med. Helen Anwander, Inselspital Bern

SFAS & IBRA Collaboration



Invest in your knowledge & skill development!

Your network for research and education

What is IBRA?

IBRA – a unique international network in research and continuing medical education

- I** – International transdisciplinary cooperation
- B** – Bone and tissue management for the best benefit of patients
- R** – Research and continuing medical education
- A** – Association for scientific networking

Why IBRA?

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as scientific developments.

What IBRA offers YOU?

✓ IBRA Virtual Campus

✓ Courses:

- Focused on Procedural Solutions
- Include Pre-Fractured & Deformed Specimen
- Infused International Exchange
- Delivered on Knowledge & Skill Transfer
- Regional & National Scheduled Options

✓ CME Accreditation

✓ Research Grants

✓ Training Center Locations across the Globe

✓ Scholarships



Information

Registration/Information

Online registration: www.sfas.ch
Lea Chiozza, Sekretariat SFAS
Email: office@sfas.ch
Phone +41 79 175 71 88

Locations

Friday: Lecture Hall Ettore Rossi
Julie-von-Jenner-Haus (Kinderklinik)
Freiburgstrasse 13
3010 Bern

Saturday: Wetlab, Siteminsel, Bern
Hörsaal CATR Unit, Floor 2
Freiburgstrasse 3
3010 Bern

Course Fee

SFAS Live surgeries 09.2.2024
SFAS-Member CHF 75.–
SFAS-Non Member CHF 100.–
Resident/Physiotherapist CHF 50.–

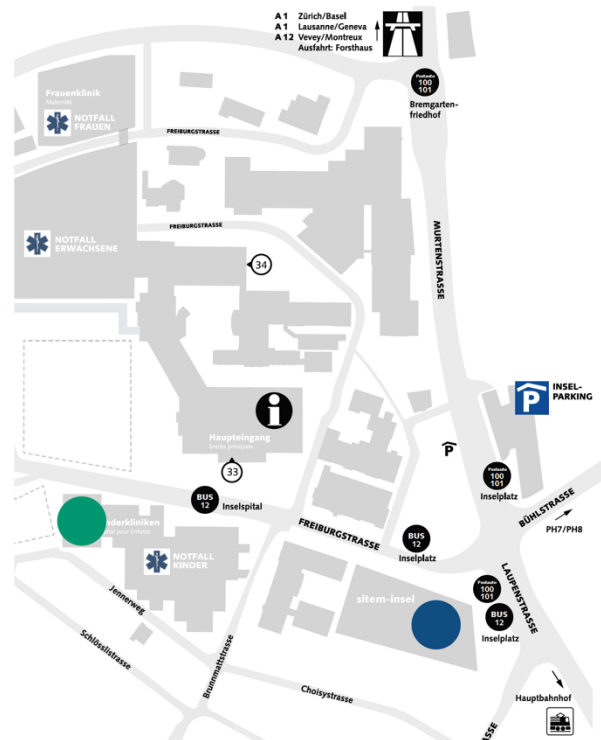
IBRA/SFAS Wetlab 10.2.2024
Free of charge (limited number of participants, first come-first served)

CME Credits

Swiss Orthopaedics (SGOT):
8 credit points 09.2.2024
8 credit points 10.2.2024

Organisation

Prof. Dr. med. Markus Knupp, Mein Fusszentrum, Basel
PD Dr. med. Helen Anwander, Inselspital, Bern
Prof. Dr. med. Fabian Krause, Sonnenhof, Bern



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